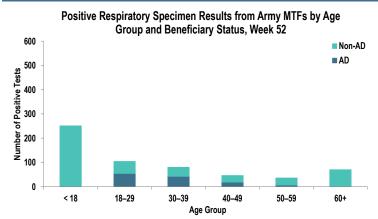
# U.S. Army Public Health Center Army Influenza **Activity Report**

Week ending 31 December 2022 (Week 52)

# **SUMMARY**

Four hundred and thirty-one positive influenza A and 16 influenza B specimens were reported during surveillance Week 52. Additionally, 11 influenza-associated hospitalizations were reported in Week 52; the season total thus far is 136 compared to an average of 43 influenza-associated hospitalizations during the same time period during 2017-2020. Nationwide, influenza activity remains high but continues to decline in most areas, with 15% of specimens tested by clinical laboratories being positive for influenza A or B, according to the Centers for Disease Control and Prevention (CDC). A balanced diet can boost your immune system and help prevent illnesses. Eating five to nine servings of vegetables and fruits daily can provide immune-boosting vitamins, minerals, and antioxidants.



# **DEMOGRAPHICS**

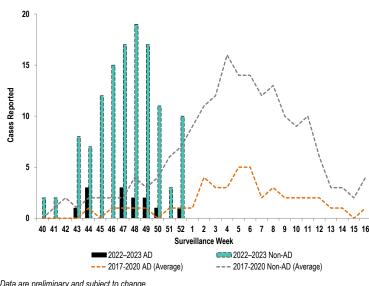
AD: One hundred and twenty positive respiratory specimens were collected from AD Service members (SMs) during Week 52; 45% (n=54) of the positive specimens were collected from SMs 18 - 29 years of age.

Non-AD: Four hundred and sixty-seven positive respiratory specimens were collected from non-AD individuals during Week 52; 53.7% (n=251) of the positive specimens were collected from individuals under 18 years of age.

The age and beneficiary status of some cases were not available. Therefore, all calculations involving these variables were conducted using only available data. Differences in total results, and age- and beneficiary status-specific results may be noted throughout the report.

### INFLUENZA-ASSOCIATED HOSPITALIZATIONS

Army Influenza-Associated Hospitalizations Reported in DRSi by Onset Week



Eleven influenza-associated hospitalizations among one AD service member and ten non-AD individuals with an onset date in Week 52 were reported to the Disease Reporting System internet (DRSi). The season total thus far is 136 hospitalizations. The Week 52 average during the 2017–2020 seasons was eight hospitalizations (with an average of 34 hospitalizations reported from the start of the season through Week 52).

The DRSi does not capture cases older than 65 years old for influenza-associated hospitalizations.

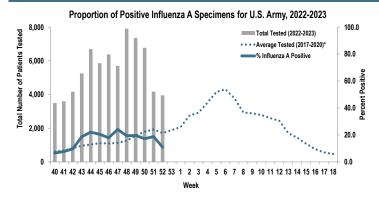
Data are preliminary and subject to change.

Disclaimer: The mention of any non-federal entity and/or its products is for informational purposes only, and not to be construed or interpreted, in any manner, as federal endorsement of that non-federal entity or its products.

#### U.S. Army Public Health Center Army Influenza Activity Report

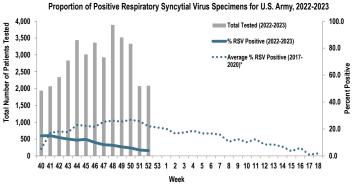
## Week ending 31 December 2022 (Week 52)

#### **INFLUENZA A ACTIVITY - ARMY**



Of the 3,948 specimens tested for influenza A during Week 52, 10.9% (n=431) were positive. This is a decrease of approximately eight percentage points from Week 51 (18.8%).

# RSV ACTIVITY - ARMY



Of the 2,084 specimens tested for RSV during Week 52, 3.9% (n=82) were positive. This is a decrease of almost one percentage point from Week 51 (4.4%).

Data from the 2020-2021 and 2021-2022 influenza seasons are not included in comparison calculations due to the unusually low incidence of influenza.

		Week 49	Week 50	Week 51	Week 52	Season Total
	Adenovirus	30	29	15	15	230
	Enterovirus	29	37	21	23	292
Army MTF	Influenza A	1,444	1,162	785	431	12,445
Laboratory	Influenza B	100	59	16	16	429
Results,	Parainfluenza	28	22	11	21	378
2022-23	RSV	234	195	92	82	3,538
	Negative	5,618	5,407	3,284	3,420	54,763
	Total	7,483	6,911	4,224	4,008	72,075

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4 022 202 Of the 4,008 specimens tested during Week 52, 22.6% (n=588) were positive for any type of respiratory illness. Influenza A accounted for 73.3% (n=431), RSV accounted for 13.9% (n=82), enterovirus accounted for 3.9% (n=23), parainfluenza accounted for 3.6% (n=21), influenza B accounted for 2.7% (n=16), and adenovirus accounted for 2.6% (n=15). Additionally, the reported number of specimens tested decreased by 5.1% from Week 51 to Week 52.

Significantly more tests for influenza have been conducted this season compared to past seasons; 71,333 specimens have been tested for influenza A so far this season compared to the average of 15,670 specimens during the same time period in 2017-2020.

40 42 44 46 48 50 52 2 4 6 8 10 12 14 16 18 20 22 24 26 28 30 32 34 36 38

#### Percentage of Outpatient Visits for Respiratory Illness Reported By Influenza Positive Tests Reported to CDC by U.S. Clinical Laboratories, The U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet), National Summary, October 2, 2022 – December 31, 2022 Weekly National Summary, 2022-2023\* and Selected Previous Seasons 50000 30 2017-18 seaso 8 45000 -2018-19 seasor -2019-20 seasor 25 7 -2020-21 seasor 40000 -Percent Positive -2021-22 season -% Positive Flu A ★2022-23 season --2022-23 National B 6 % Positive Flu B 20 6 of Visits for ILI 5 system monitors visits for ILI er and cough or sore throat), 15 Dercent F 25000 never and cougn or sore throat), not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms. ti 20000 10 15000 10000

## INFLUENZA-LIKE ILLNESS (ILI) ACTIVITY - UNITED STATES

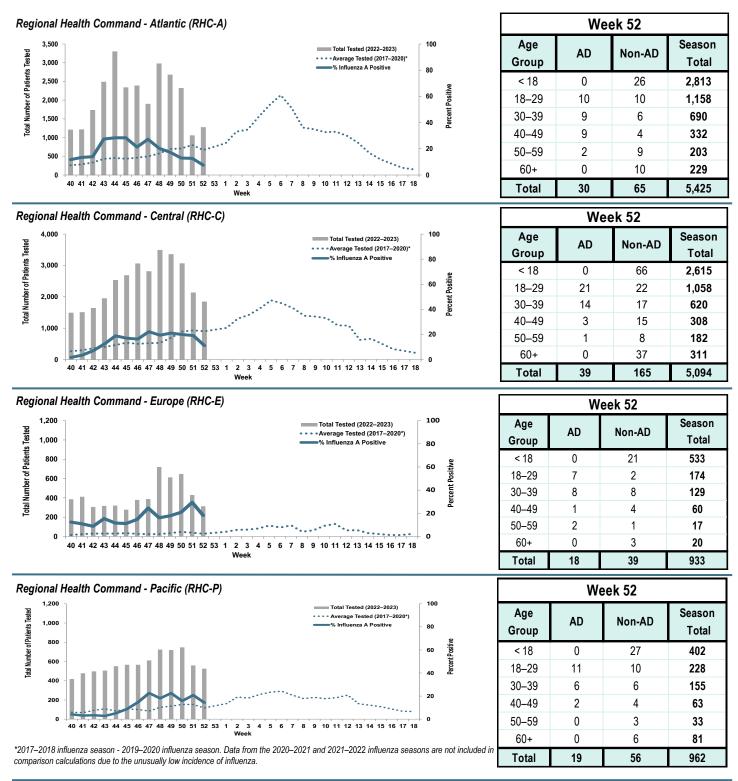
Nationwide in Week 52, incident ILI activity was 5.4%; this is above the national baseline of 2.5%. Additionally, a total of 93,589 specimens were tested for influenza by select clinical laboratories and submitted to the CDC; 14,027 (15.0%) were positive. Influenza A accounted for 99.1% (n=13,905) of the total positive specimens.

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Locations providing Week 52 laboratory data as of 5 January 2023: Korea, Carlisle Barracks, Ft. Belvoir, Ft. Benning, Ft. Biss, Ft. Bragg, Ft. Campbell, Camp Zama, Ft. Carson, Ft. Drum, Ft. Gordon, Ft. Hood, Ft. Huachuca, Ft. Jackson, Ft. Knox, Ft. Leavenworth, Ft. Lee, Ft. Lewis, Ft. Meade, Ft. Riley, Ft. Rucker, Ft. Sam Houston, Ft. Sill, Ft. Stewart, Ft. Wainwright, Landstuhl Regional Medical Center, Redstone Arsenal, Tripler Army Medical Center, and the U.S. Military Academy.

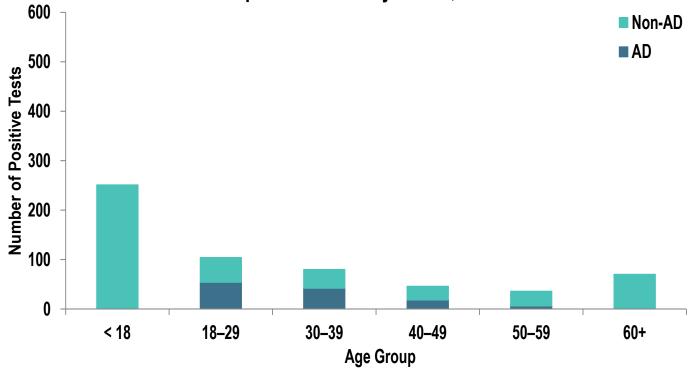
Proportion of Influenza A Positive Specimens by Week and Region, Army Medical Laboratories, 2022–2023 as Compared to 2017–2020\*



Number of Positive Influenza A Specimens by Region and Duty Status												
Region	Week 49		Week 50		Week 51		Week 52					
	AD	Non-AD	AD	Non-AD	AD	Non-AD	AD	Non-AD				
RHC-A	132	311	82	217	33	101	30	65				
RHC-C	144	563	129	481	70	338	39	165				
RHC-E	27	83	36	99	37	90	18	39				
RHC-P	41	121	44	74	36	80	19	56				

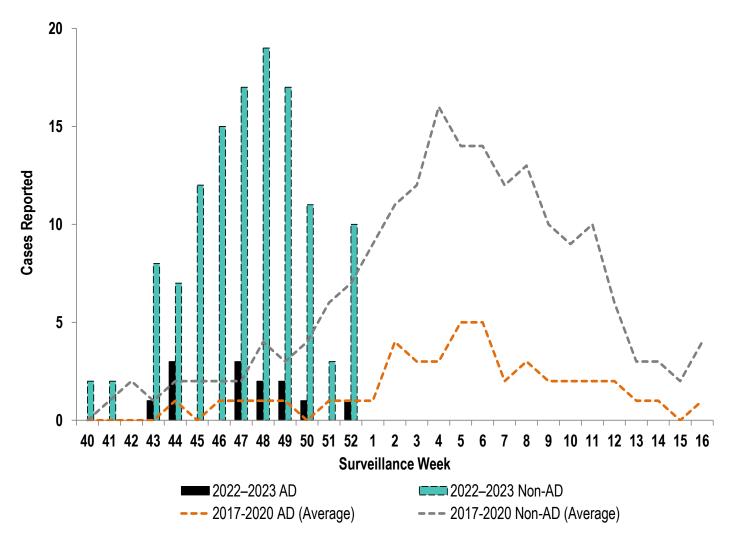




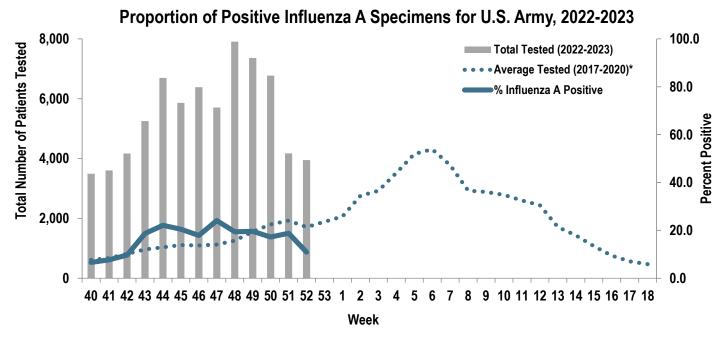




Army Influenza-Associated Hospitalizations Reported in DRSi by Onset Week



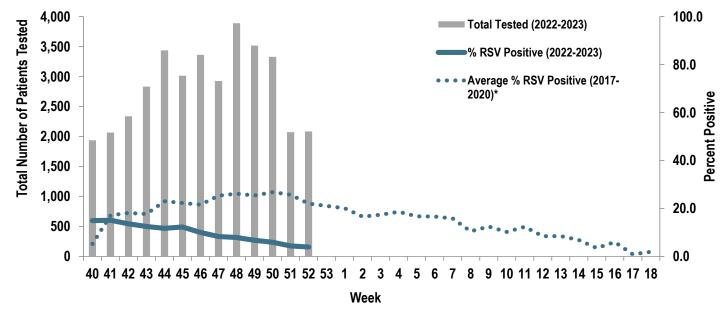




\*2017–2018 influenza season - 2019–2020 influenza season. Data from the 2020–2021 and 2021–2022 influenza seasons are not included in comparison calculations due to the unusually low incidence of influenza.







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